



Tracing Roots: A Modern Approach to Living Off the Land by Trace Barnett

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Tracing Roots: A Modern Approach to Living Off the Land Book Content Preview:

Trace Barnett's first book focuses on taking a modern approach to living off the land. A culinary journey through the seasons, the recipes emphasize using ingredients at their peak. Each chapter, highlighting seven growing seasons, features an engrossing collection of specially curated heirloom recipes with an Appalachian flair unique to the Alabama region where Barnett grew up. With instructional guides to beekeeping, raising chickens, planting, and foraging, in addition to more than 100 recipes, Tracing Roots simplifies homesteading tasks with a modern flair ideal for the urban or suburban gardener. Sumptuous photography transports readers to the rustic simplicity of North Alabama and marks the introduction of a refreshing new voice in cooking.

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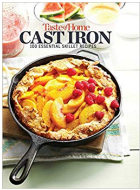
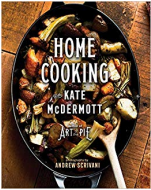
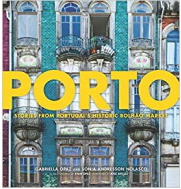
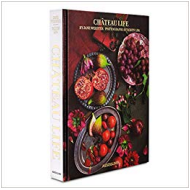
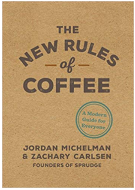
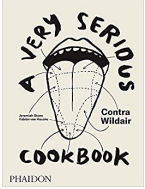
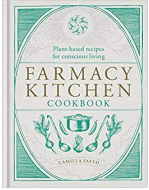
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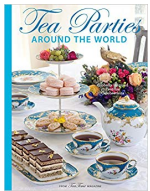
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