

In Focus Crystals: Your Personal Guide by Bernice Cockram

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In Focus Crystals: Your Personal Guide Book Content Preview:

In Focus Crystals is your guide to the most popular crystals and their qualities, complete with a set of 7 crystal grid cards. Feeling creatively or spiritually blocked or have trouble sleeping? Perhaps you are suffering from a physical ailment? Regardless of what may be plaguing you, the innate power within crystals can have tremendous healing effects. With explanations of each of the stones and a summary of their qualities, In Focus Crystals is your all-in-one resource to get your life on track. The seven crystal grid cards provide a custom grid to place specific crystals to remedy almost every ailment. The In Focus series applies a modern approach to teaching the classic body, mind, and spirit subjects, using expert authors in their respective fields and featuring relevant visual material to smartly and purposely illustrate key topics within each subject. As a bonus, each book is packaged with index cards and/or a poster, to give readers a quick, go-to reference guide containing the most important information on the subject, for easy practice and retention...

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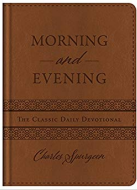
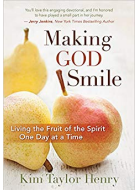
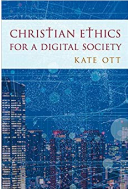

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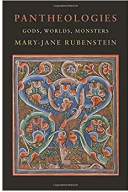
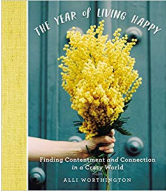
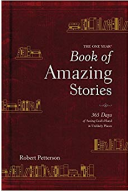
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